

Small changes,
big differences.



FREE Stepping Stones Triple P

Parenting course for parents of children with a diagnosed additional
need. The Power Of Positive Parenting

What Triple P can do for you:

- Encourage behaviour you like
- Deal with problem behaviour
- Become confident as a parent
- Be realistic about parenting
- Take care of yourself

DATE: Starts on - Thursday 25th January
2024 until Thursday 7th March 2024

DURATION – 7 weeks

DAYTIME: Mondays 12:30– 14:30

Virtual

BOOKINGS AND INFORMATION – Please note: Self Referrals Only

This course is 7 sessions long (2 sessions are by phone). This is a free course for parents, caregivers or guardians of children between the ages of 2-11.

For more information please contact:

Parentinggroups@herefordshire.gov.uk or Children's Help and Advice Team on 01432 260261

www.triplep-parenting.net